



20747 Lowes Island Blvd., Potomac Falls, VA 20165

LADIES RETREAT SIGN-UP

Friday and Saturday, May 22-May 23

First and Last Name

Email Address

Phone Number (best number to reach you)

Cost: \$40 ___ Paid Cash ___ Paid by Check

Submit registration and payment by Sunday, May 17

(Payable to PBC w/ "Ladies Retreat" in memo line.)

Please select from the following food choices

◆◆◆ Saturday Box Lunch from Jason's Deli ◆◆◆

- Ham Sandwich Turkey Sandwich Vegetarian Wrap Gluten Free
- (Select a sandwich or wrap)

◆◆◆ Saturday Dinner at Gregorio's Trattoria ◆◆◆

- Lasagne w/ Veal Seasonal Vegetable Pasta Penne w/ Proscuitto in a Rose Cream Sauce
- Chicken Marsala Chicken Saltimbocca Gluten Free (Select a dinner)



Help Wanted: We need a few drivers to provide transportation on Saturday. We plan to go to a nearby park for lunch and afternoon activities then to *Gregorio's Trattoria* in Reston for dinner and the wrap-up session.

Please check if you can drive ____ and indicate how many passengers you can take ____.



Elizabeth has waived her speaking fee and asks that we take a free will offering for Gideons International at the retreat.